# 50th PARBOLD HILL RACE

Skelmersdale Boundary Harriers

(Under ARC Rules)

**Saturday 15 Feb 2020 at 2:00pm**

**Approx. 6.75miles Multi Terrain**

 **Sponsored by**



**Start/Finish** Richard Durning’s Endowed Primary School,

Chorley Rd, Bispham, Nr. Parbold. L40 3SL

**Parking at Hilldale Village Hall, Church car park opposite, & Farmer’s Arms**

###### NO ROAD PARKING AT ALL - PLEASE CAR SHARE

**Prize list totals more than £1,200**

**Men:** 1st to 8th  **Ladies:** 1stto 8th

**Team prizes: 1st 4 male counters per club, 1st 3 female counters per club**

#### Vets: Men: o/40,45,50,55,60,65,70 Ladies: o/35,40,45,50,55,60,65

#### Any Vet finishing in 1st 8 men or 1st 8 ladies, is not eligible also for the veteran’s prize list

No Vet’s Prize given if age is not **CLEARLY** stated

Entries**:** John Thompson, 90, The Hawthorns, Eccleston, Chorley, Lancs. PR7 5QW

Tel: 01257 453778

E-Mail: john.a.thompson@bt.com

Affiliated: £8.00, Unattached: £10.00 **+** £1.50 on day

**Entries will only be allowed on the day if the race is not full**

Online entries at [www.bookitzone.com](https://bookitzone.com/jane_woodburn/RP2FFX) and results available from: [www.ukresults.net](http://www.ukresults.net)

Cheques payable to: Parbold Hill Race Acc.

**Include SAE for confirmation**. Postal Entries close **11th Feb 2020**

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**Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_M** ☐ **F** ☐ **DOB \_\_\_/\_\_\_/\_\_\_ Age on Race day (16 Min) \_\_\_\_\_\_**

**Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Postcode\_\_\_\_\_\_\_\_\_\_\_TeL\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ E-mail\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Affiliated Club \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Declaration:** I am eligible to compete as defined by **ARC rules**, and I am medically fit to run. I understand that the above Club, Event Organisers or anyone associated with the Race will in no way be held responsible for any injury or illness, or any loss or damage to my personal property during the event.

Signed…………………………………………………...Date……………………Parbold Hill Race /2020